

Louísiana Remoulade

REF:

Serves: 6 Cuisine: Cajun

Preparation time: 15 Minutes Cooking time: None

Ingredients:

1 cup	Mayonnaise
2 tbsp	Dijon mustard

1 tbsp Freshly squeezed lemon juice
1 tbsp Finely chopped flat-leaf parsley
1 tbsp Louisiana-style hot sauce
2 tsp Whole-grain mustard
2 cloves Garlic, minced

2 tsp Capers, roughly chopped 1 tsp Worcestershire sauce

1 tsp Mild paprika

1 Spring Onion, finely chopped

1/4 tsp Kosher salt 1/8 tsp Cayenne pepper

Method:

1. In a small bowl, mix together mayonnaise, Dijon mustard, lemon juice, parsley, hot sauce, whole-grain mustard, garlic, capers, Worcestershire sauce, paprika, spring onion, salt, and cayenne pepper. Let sit for 1 hour for flavours to combine then serve or cover and store in the refrigerator.

To Serve:

Great with seafood of all kinds.

Chef's Notes:

You can get Louisiana Hot Sauce from some supermarkets or Amazon. Otherwise substitute it with Tabasco, Sriracha or Encona Hot Pepper Sauce.