

Chicken Satay with Peanut Dip

Serves 4 (Approx. 15 Skewers)

Preparation Time: 45 Minutes (plus marinating overnight)

Cooking Time: 10 Minutes

Ingredients:

500g Chicken thighs, skinned and deboned

Shallots, peeled and chopped
 Garlic cloves, peeled and chopped
 Galangal, peeled and grated

Stalks of Lemongrass, trimmed and white part finely chopped

1tsp Ground turmeric
1tbsp Ground coriander
1tsp Ground cumin

1tsp Salt

1tsp Palm sugar (or dark brown sugar)

1tsp Fish sauce

½ Chilli, deseeded and chopped

4tbsp Peanut oil for brushing (can use vegetable or ground nut oil instead)

Freshly ground black pepper

Peanut Dip:

2tbsp Vegetable oil

1 Shallot, peeled and finely chopped

1 Red chilli (remove seeds to reduce heat if preferred)

1tbsp Garlic paste 1tbsp Ginger, crushed

4tbsp Peanut butter (the crunchy type)

1tspTamarind paste1tspDark soy sauce100mlCoconut cream

50ml Water

Method:

- 1. Slice the chicken thighs into thin strips
- 2. Grind the shallot, garlic, galangal, lemongrass, turmeric and the rest of the spices into a rough paste, using a pestle and mortar (hard work but best results) or a spice grinder/food processor (lazy)

Cuisine: Indonesian

- 3. Taste and adjust with seasoning of salt, sugar and pepper
- 4. Add the fish sauce and chilli and combine with the paste
- 5. Mix with the peanut oil and add to the chicken making sure it is all well coated
- 6. Cover with cling film and leave to marinate overnight
- 7. Soak 15 bamboo skewers in warm water about 30 minutes before ready to cook the chicken
- 8. Thread the chicken pieces onto the skewers until about $\frac{3}{4}$ full don't put too much on!
- 9. Brush the skewers with a little oil and place on a hot griddle pan. Baste with oil occasionally until cooked and getting a little crispy around the edges for 5-7 minutes, turning frequently

For the Satay Dip:

- 10. Place a saucepan over a medium heat
- 11. Add the oil followed by the shallot, garlic, chilli and ginger
- 12. Sautée for 2-3 minutes until the shallot is softened and the oil begins to become red from the chilli
- 13. Add the peanut butter and stir in well to break it down
- 14. Stir for 3-4 minutes until it is blended in
- 15. Simmer on a low heat for 1-2 minutes then turn the heat off.

To Serve:

Serve the sauce warm with the chicken skewers

Chef's Notes: